



Bringing joy...inspiring success!

"I have come in order that you might have life - life in all its fullness" (John 10:10).

Relationships and Sex Education (RSE) Consultation with Parents

Dear parents,

Wednesday 17th June 2026

I am writing to share our updated Relationships and Sex Education policy with you. These updates are minimal and have been written following new guidance shared by the Department for Education. Our policy continues to be very in-line with the government guidance hence very few changes. Staff have been involved in the writing of this policy, we have considered pupil voice and feedback and the policy has been approved by the Governing Body.

Our overarching aim is to ensure that your children are fully prepared for growing up in an increasingly complex world that presents positive and exciting opportunities but also challenges and risks. It is our intention for us all to work together to provide an education which gives children the knowledge to make informed decisions about their wellbeing, health and relationships and to build their self-efficacy. It is our greatest hope that our pupils will be able to put this knowledge into practice as they develop the capacity to make sound decisions when facing risks and challenges. Our RSE programme and policy provide the building blocks needed as well as the support to develop resilience and responsibility.

You can find the CSPA RSE policy on our school website or by clicking [here](#).

What are the statutory and non-statutory requirements?

These requirements are further explained under section 5 of the policy on page 3.

How can I find out more about the RSE programme of study?

You can find out more in appendices 1-4 of the policy. On pages 9 and 10, you will find our curriculum map which shows the sequence of topics covered across all four year groups throughout the school year. On pages 11-14, you will find the statutory relationships education curriculum and the outcome statements. Following that on pages 15-19, the statutory health education outcome statements are shared and further on page 19, the non-statutory sex education outcome statements are provided.

How will RSE be monitored?

The delivery of RSE follows the same monitoring and evaluation processes used throughout the school for all subjects. The policy will be reviewed every three years and approved by the CSPA governing body. The updated

policy will remain on the website for public access and to give parents the opportunity to review, comment or question at any time.

Can I withdraw my child from RSE?

Parents do not have the right to withdraw their children from relationships, health and science education (statutory). Parents do have the right to withdraw their children from non-statutory sex education within RSE. You can read more about your right to withdraw on page 7 of the policy and in appendix 5.

I am delighted to be sharing our updated RSE policy and curriculum with you. I very much welcome any comments or questions and would ask that you email me via the school office with any communication. I hope you have found this letter, the RSE policy and curriculum maps informative and helpful, and that as parents/carers you have the confidence that we are providing the highest quality education for your children. In the coming weeks, Year 5 and Year 6 teachers will be in communication with parents regarding lessons about puberty (Y5) and sex education (Y6). Thank you for taking the time to read all of the information so thoroughly and for your continued support of the school.

Yours sincerely,

Mrs Nicola Alburg
Headteacher